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ABSTRACT

This annotated bibliography of readings related to dual career couple relationships is divided into eleven areas of focus. Sections included are (1) Alternatives to Rigid Work Imperatives; (2) Child Rearing in Dual Career Families; (3) Collaboration Strategies for Coping; (4) Definition, Trend, and Historical Perspective of Dual Career Couples; (5) Guiding Philosophies/Ingredients of a Successful Dual Career Marriage; (5) Job Seeking Experiences of Dual Career Couples; (7) Money Management; (8) The Relationship of Employment to Marital Happiness; (9) Role Strain/Conflict; (10) Sexuality and Fears of Outside Sexual Involvement; and (11) Time Management. The bibliography concludes with an author/title index. (LRA)

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DUAL-CAREER COUPLE RELATIONSHIPS

AN ANNOTATED BIBLIOGRAPHY

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DUAL-CAREER COUPLE RELATIONSHIPS:
What are Your Options?
Conference Presented By
The Women's Resources and Research Center
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DUAL-CAREER COUPLE RELATIONSHIPS

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This bibliography is intended to provide access to readings that support the issues discussed at the Dual-Career Couple Relationships Conference. It is a means of keeping up the momentum developed in the conference meetings on this contemporary topic.

I am grateful to the Women's Resources and Research Center for this opportunity, to the Library Administration for their financial support for the literature search, and most of all, to my friends and colleagues who gave me suggestions and technical assistance.

Em Claire Knowles
Humanities/Social Sciences Reference Librarian

A. ALTERNATIVES TO RIGID WORK IMPERATIVES

A-1. Best, Fred J. Flexible Life Scheduling: Breaking the Education-Work-Retirement Lockstep. New York, Praeger Publishers, 1980.

Explains the growing need for flexible work and life scheduling and presents alternatives. Discusses how flexible life scheduling is possible in the event of the family in transition and the rise of working women.

A-2. Bird, Caroline. Two-Paycheck Marriage; How Women at Work are Changing Life in America. An in-depth report on the great revolution of our times. New York, Rawson, Wade Publishers, Inc., 1979.

Author states this book does not tell how to juggle family and career, "but it does describe how families have made the adjustment--managing schedules, sex and housework tensions, and in many cases, more balanced relationships." Since two-paycheck marriages have become the norm, this volume makes an important contribution. (Kirkus)

A-3. "Commuting: A Solution for Two-Career Couples," Business Week, April 3, 1978, p. 68 ff.

Discusses the pros and cons of commuting marriages by the couples themselves with noted authorities. Discovers the best commuting marriages work if at least one partner is self-employed or holds a job that provides a good deal of independence. (M.M. Popei, Dual-Career Couples, an annotated bibliography, Association of MBA Executives, Inc., 1978).

A-4. Hoffmann, Lenore and Gloria Desolz, eds. Careers and Couples: An Academic Question. New York, Modern Languages Association of America, 1976.

The twenty articles in this collection concern issues faced by dual-career couples in academe. One group of articles considers part-time careers, independent scholarly work or intermittent employment, which may be viable alternatives for women with families. In several other articles, married academics describe the positive and negative aspects of sharing an appointment. (ERIC Documents)

A-5. "The New Job Values," (A Special Report on Work), Psychology Today, May 1978.

Reports the changes in job values of American workers. Discusses the attitudes on the importance of non-monetary rewards, job security versus mobility, two-career marriages, flexible work hours, relieving job stress, and forms of discrimination. (M.M. Popei, Dual-Career Couples, an annotated bibliography, Association of MBA Executives, Inc., 1978.)

B. CHILD REARING IN DUAL CAREER FAMILIES

B-1. Bird, Caroline. Two-Paycheck Marriage; How Women at Work are Changing Life in America. An in-depth report on the great revolution of our times. New York, Rawson, Wade Publishers, Inc., 1979. (See A-2.)

B-2. Gratz, Roberta B. and Lindsay VanGelder, "Double Jeopardy: the Working Motherhood Trap," Redbook, 143:384, July 1974.

Examines the dual role that many women have now chosen, that of being a mother and also having a career.

B-3. Hoffman, Lois W., "Effects of Maternal Employment on the Child: A Review of the Research," Developmental Psychology, 10(2):204-228, March 1974.

Reviews recent studies of the effects of maternal employment on the child. Deals with the role of working mother, and how employment affects both the mother's emotional state and her children.

B-4. Pepitone-Rockwell, Frances, ed. Dual-Career Couples. Beverly Hills, CA., Sage Publications, 1980 (in press).

Defines the growing trend of dual-career couples. Consists of a collection of essays by various authors on the interpersonal relationships aspects relating to marriage, families, and careers of the dual-career couple.

B-5. Pogrebin, Letty C., "Working Women: Career Togetherness," Ladies Home Journal, March 1978, p. 78 ff.

Examined the relationships of four couples who work together. (M.M. Popei, Dual-Career Couples, an annotated bibliography, Association of MBA Executives, Inc., 1978.)

B-6. Poznanski, Elva, Annette Maxay, and Gerald Marsden, "Parental Adaptions to Maternal Employment," Journal of the American Academy of Child Psychiatry, 13:319-334, September 1974.

Discusses the results of interviews held with couples who both work outside the home and who have preschool children. Deals with issues such as motives for maternal employment and the effect on the family.

B-7. Rapoport, Rhona, Robert N. Rapoport, with Janice H. Bumstead. Working Couples. New York, Harper and Row, 1978.

Consists of essays by different authors on aspects of the dual-career family pattern. Includes commentaries on stress, role conflict, and parenting.

B-8. Shaevitz, Marjorie H. and Morton H. Shaevitz. Making It Together as a Two-Career Couple. Boston, Houghton Mifflin, 1980.

Describes the problems working couples encounter and their solutions. Attempts to explain how working couples can preserve and enhance their relationship while meeting job responsibilities, taking care of children, coping with household chores, and managing money. (Author abstract)

B-9. Smith, Ralph E., ed. The Subtle Revolution: Women at Work. Washington, D.C., The Urban Institute, 1979.

Deals with the impact of women's changing roles during the Eighties. It covers changes in the job market as a result of the increasing number of working women; the impact of the feminist movement on marriage, child rearing, and the family budget. The impact of the Federal budget and Social Security systems are also discussed. Each chapter discusses anticipated changes and proposes ways to resolve the issues likely to be prompted by these changes. (Library Journal)

B-10. Sobol, Marion G., "A Dynamic Analysis of Labor Force Participation of Married Women of Child-bearing Age," The Journal of Human Resources, 8:497-505, Fall 1973.

Study over a 10-year period relates occupational choices of married women of child-bearing age to economic and non-economic variables.

B-11. Waldman, Elizabeth and Robert Whitmore, "Children of Working Mothers, March 1973," Monthly Labor Review, 97(5):50-58, May 1974.

Special Labor Force Report shows number of children with working mothers continues to rise. Article examines developments in family: broken marriages, increase in labor force activity of mothers, and child care in families whose mothers work.

B-12. Waldman, Elizabeth, "Children of Working Mothers, March 1974," Monthly Labor Review, 98:64-67, January 1975.

Discusses situation of working mothers in both black and white families. Reports the kind and quality of child care that is available.

B-13. Walker, Lorraine and S. Thomas Friedman, "Professional Women's Attitudes Toward the Dual Role of Women," Psychological Reports, 41(1):327-334, 1977.

Reports professional women's attitudes towards the dual roles encompassed in motherhood and occupational career. A dual role scale of 19 items was constructed and given to female faculty members with at least one child at home. Factor analytical techniques produced a three-dimensional attitudinal model: the career as enriching family life, role equality, and primary role priority. (Author abstract modified)

C. COLLABORATION STRATEGIES FOR COPING

C-1. Black, David, "How Men Really Feel About Working Wives," Woman's Day, September 27, 1978, p. 12 ff.

Based on a discussion with Morton and Margorie Shaevitz, co-directors of the Institute for Family and Work Relationships. Explores the emotional and psychological concerns held by men about working women, and suggests how these concerns can be handled. (M.M. Popei)

C-2. Hopkins, Jane and Priscilla White, "The Dual-Career Couple: Constraints and Supports," Family Coordinator, 27(3): 253-259, 1978.

Outlines the stresses and strains of the dual-career family lifestyle through a review of the literature, and marriage counseling strategies for dual-career families. Identifies the lack of egalitarianism in the division of domestic responsibilities, the decrease in the level of marital happiness when women become work and career oriented, and the frustrating discriminatory practices in the work world. (National Institute of Mental Health (NIMH) abstract modified)

C-3. Hunt, J. and Larry L. Hunt, "Dual Careers--A Family Killer? Matriarchs Rediscovered," Human Behavior, 7:49-50, March 1978.

Article concludes that the traditional family can only survive in view of the dual-career if hired help can be depended on to provide domestic and child-care services.

C-4. Johnson, Frank and Colleen L., "Role Strain in High-Commitment Career Women," Journal of the American Academy of Psychoanalysis, 4(1):13-36, January 1976.

Examines the transitional problems of married women who aspire to high-commitment careers, specifically the problem of role proliferation. The psychological literature on gender identification and women's roles in two-career families is reviewed, as well as the psychoanalytic literature concerned with both male and female role functioning and gender identity. (Author abstract)

C-5. Nadelson, Theodore and Leon Eisenberg, "The Successful Professional Woman: On Being Married to One," American Journal of Psychiatry, 134(10):1071-1076, 1977.

The problems of the professional working woman in the marital relationship, in the mother-child relationship and in her occupational role are viewed from the perspectives of two male psychiatrists who are married to successful professional women. Suggests that while femininity and professionalism traditionally have been regarded as incompatible, the woman with a career becomes a more stimulating spouse and parent. (Author abstract modified)

C-6. Parsons, Jacquelynne E., Irene H. Frieze and Diane N. Ruble, "Intrapsychic Factors Influencing Career Aspirations in College Women," Sex Roles, 4(3):337-347, 1978.

A 300-item questionnaire designed to assess the relationship and relative importance of several factors for women's career aspirations was answered by 169 female college juniors and seniors. Regression analyses showed that women with high career aspirations are: 1) satisfied with their lives; 2) confident of their career plans; 3) willing to postpone marriage; 4) non-traditional in their values and behaviors; 5) generally external in orientation, believing that discrimination is responsible for many of women's failures and that organized pressure rather than individual action is necessary to combat this discrimination; 6) certain that women's demands for equality are justified and that most men agree with them; 7) likely to have had a working mother who was perceived as being dissatisfied with her own life; and 8) if planning to marry soon, endorsing dual role compatibility. (Author abstract modified)

C-7. Pepitone-Rockwell, Frances, ed. Dual-Career Couples. Beverly Hills, CA, Sage Publications, 1980 (in press). (See B-4.)

C-8. Rapoport, Rhona, Robert N. Rapoport with Janice H. Bumstead. Working Couples. New York, Harper and Row, 1978. (See B-7.)

C-9. Rice, David G. Dual-Career Marriage: Conflict and Treatment. New York, Free Press, 1979.

Addresses a variety of factors in contemporary dual-career marriages, including personality traits of such individuals and commonly encountered relationship difficulties. He presents helpful advice on doing therapy with dual-career couples. This volume should be beneficial for both the professionals in marital and family therapy, and the partners in dual-career marriages. (Ellen M. Berman, Professor Psychiatry, University of Pennsylvania)

C-10. St. John-Parsons, Donald, "Career and Family: A Study of Continuous Dual-Career Families." (Ed.D. dissertation.) Dissertation Abstracts International, 39(6):3320-A, 1978. Columbia University Teachers College.

Explored characteristics of continuous dual-career families. Two

families in which the wife interrupted her career only minimally to have children were interviewed to obtain information about health, personality, attitudes toward work, family structure and relationships, and patterns of family responsibilities and tasks. It was found that there was little mutual integration of work situations and that parents experienced severe overload problems. (Journal abstract modified)

C-11. St. John-Parsons, Donald, "Continuous Dual-Career Families: A Case Study," Psychology of Women Quarterly, 3(1):30-42, Fall 1978.

Intensive studies of the careers, family backgrounds, marital relationships, and domestic patterns of ten continuous dual-career families.

C-12. Scarato, Aphrodite Matsakis and Brenda Alpert Sigall, "Multiple Role Women," Counseling Psychologist, 8(1):26-27, 1979.

Presents principles concerning the counseling and therapy of Multiple Role Woman (simultaneously involved in primary responsibilities in and out of the home) with a review of the literature. Discusses economic pressures and cultural factors creating the Multiple Role Woman. States dual problem of partners who are unwilling or unprepared to share domestic tasks. Explains difficulty in relinquishing functions previously defining value in family. Suggests how counselors should help women shift attribution of problem source from one of personal inadequacy to characteristics inherent in the situation. (Journal abstract modified)

C-13. Shaevitz, Marjorie H. and Morton H. Shaevitz. Making It Together as a Two-Career Couple. Boston, Houghton Mifflin, 1980. (See B-8.)

C-14. Smith, Ralph E., ed. The Subtle Revolution: Women at Work. Washington, D.C., The Urban Institute, 1979. (See B-9.)

D. DEFINITION, TREND AND HISTORICAL PERSPECTIVE OF DUAL CAREER COUPLES

D-1. Beckett, Joyce D., "Working Wives: A Racial Comparison," Social Work, 21(6):463-470, November 1976.

Revealed important differences in the working patterns of white wives and black wives. Analyzes these differences and points out how they may affect the tasks of social work practitioners who are dealing with black as well as white families in which wives are working.

D-2. Bird, Caroline. Two-Paycheck Marriage; How Women at Work are Changing Life in America. An in-depth report on the great revolution of our times. New York, Rawson, Wade Publishers, Inc., 1979. (See A-2.)

D-3. Hayghe, Howard, "Labor Force Activity of Married Women," Monthly Labor Review, 96:31-36, April 1973.

Discusses reasons for wives working, and gives facts and information from surveys of marital family characteristics of workers. Examines family income, residence, occupation of working wives.

D-4. Holmstrom, Lynda Lytle. The Two-Career Family. Cambridge, Mass., Schenkman, 1972.

Research volume which bases analysis on 27 couples. Explores the barriers confronting the two-career family based on the rigidity of occupations and the isolation of the traditional family. Although an early work, it addressed the need for adjustments of the social structure in the direction of egalitarian sex roles. (Choice)

D-5. Pepitone-Rockwell, Frances, ed. Dual-Career Couples. Beverly Hills, CA, Sage Publications, 1980 (in press). (See B-4.)

D-6. Pinkney, Alphonso. Black Americans. Englewood Cliffs, N.J., Prentice-Hall, 1975.

Presents an historical background of black people in the U.S. and deals with the black community itself. Includes chapter on the family as a social institution which deals with such issues as family stability and patterns of family life mentioning the two-career black family.

D-7. Rapoport, Rhona and Robert. Dual-Career Families Re-examined: New Integrations of Work and Family. London, Martin Robertson, 1976.

A sequel to Dual-Career Families (1971; see D-8). It contains two new chapters and three largely rewritten ones, but is essentially a study of five English families. This is a major effort to approach the issue of the large-scale emergence of the dual-career family and its societal implications. The new material reviews subsequent research literature and at the same time explores the direction social policy might take relevant to the family in which both husband and wife work. (Choice)

D-8. Rapoport, Rhona and Robert. Dual-Career Families. Baltimore, MD, Penguin, 1971.

Studies five families in Britain in which both husband and wife pursue active careers. Examines relationships between husband and wife and their work, between them as a couple, and relations with their children at home. (M.M. Popei, Dual-Career Couples, an annotated bibliography, Association of MBA Executives, Inc., 1978)

D-9. Rice, David G. Dual-Career Marriage: Conflict and Treatment. New York, Free Press, 1979. (See C-9.)

D-10. Rowatt, Wade and Mary Jo Rowatt. The Two-Career Marriage. Philadelphia, Westminster Press, 1980.

Unavailable for review.

D-11. Ryglewicz, Hilary and Pat Koch Thaler. Working Couples: How to Cope with Two Jobs and One Home. New York, Sovereign Books, 1980.

Unavailable for review.

D-12. St. John-Parsons, Donald, "Continuous Dual-Career Families: A Case Study," Psychology of Women Quarterly, 3(1):30-42, Fall 1978. (See C-10.)

D-13. "Women at Work." Wall Street Journal, August 28, September 1, 8, 12, 15, 19, 22, 1978, p. 1 ff.

Series of articles exploring the changes that the trend of working women is bringing to our economy, our institutuions and our lives. A variety of issues are covered: child care, economic conditions, marital relationships.

E. GUIDING PHILOSOPHIES/INGREDIENTS OF A SUCCESSFUL DUAL-CAREER MARRIAGE

E-1. Banta, Phyllis and Joseph Banta, "Dealing with Dual Careers," Public Management, 58:12-15, March 1976.

Personal account of a school teacher married to a city manager. Discusses a variety of issues, including sharing child rearing and household duties, money management and career satisfaction.

E-2. Burke, Ronald J. and Tamara Weir. "Some Personality Differences between Members of One-Career and Two-Career Families," Journal of Marriage and the Family, 38(3):453-458, August 1976.

Analyzes personality characteristics of husbands and wives in two contexts: (1) traditional families, in which the husband was employed and the wife was a homemaker; and (2) two-career families, in which both members were employed. (Author abstract)

E-3. Bryson, Rebecca, Jeff B. Bryson and Marilyn F. Johnson, "Family Size, Satisfaction, and Productivity in Dual-Career Couples," Psychology of Women Quarterly, 3(1):67-77, 1978.

Examines domestic satisfaction, job satisfaction, and productivity as functions of years since final degree and number of children in the dual-career family. A sample of 196 couples in which both spouses were members of the American Psychological Association were surveyed. There were consistent differences between the sexes in responses to these questions, indicating that wives were less satisfied and less productive than husbands. However, prior differences between groups disallowed any meaningful interpretations of the differences.

E-4. Hill, Robert Bernard. The Strength of Black Families. New York, Emerson Hall Publishers, 1972.

Analyzes the black family and discloses weaknesses of previous studies and untruths of myths. Includes attitudes toward work and characteristics of double careers.

E-5. Huser, Willa R. and Claude W. Grant, "A Study of Husbands and Wives from Dual-Career and Traditional-Career Families," Psychology of Women Quarterly, 3(1):78-89, 1978.

Studied fifty dual-career couples and fifty traditional-career families for variables of inner-directedness, self-actualizing values, self-regard and self-acceptance. Comparisons between the

two sets of couples were made on shared and unshared interests. It was found that in every instance of difference, the direction of difference supported the view that husbands and wives of dual-career families are more inner-directed and flexible in applying personal values than husbands and wives of traditional career families. (Author abstract modified)

E-6. "Pros and Cons of Whether Wives Should Work." Interview with Colien Hefferan U.S. News and World Report, 85:82-3, November 27, 1978.

Discusses the impact on family life of the woman who works. It covers the questions of how the salaries of working wives affect the family saving and spending patterns.

E-7. Rowe, Geneva I., "A Comparison of Postparental Dual-Career and Traditional Marital Lifestyles in Metropolitan Atlanta." (Ph.D. dissertation.) Dissertation Abstracts International, 39(6)2761-B, 1978. Florida State University.

Forty-two traditional married couples and forty-four dual-career married couples living in a southern metropolitan area were surveyed by questionnaire regarding demographic, attitudinal, and behavioral aspects. Results indicated that: 1) dual-career wives are likely to be more highly educated and to come from a dual-worker family background; 2) both groups of wives chose work or nonwork outside of the home primarily for enjoyment; 3) dual-career couples are slightly more educated, make less money, and share more household tasks; 4) the dual-career couple is more modern in sex-role attitudes than traditional couples. (Journal abstract modified)

E-8. Rapoport, Rhona and Robert N. Rapoport with Janice H. Bumstead. Working Couples. New York, Harper and Row, 1978. (See B-7.)

E-9. Shaevitz, Marjorie H. and Morton H. Shaevitz. Making It Together as a Two-Career Couple. Boston, Houghton Mifflin, 1980. (See B-8.)

F. JOB SEEKING EXPERIENCES OF DUAL-CAREER COUPLES

F-1. Berger, Michael and others, "You and Me Against the World: Dual-Career Couples and Joint Job-Seeking," Journal of Research and Development in Education, 10(4):30-1, Summer 1977.

Describes the job-seeking experiences of dual-career couples where both are professionals.

F-2. Hall, Francine S. and Douglas T. Hall. The Two-Career Couple: He Works, She Works, But How Does the Relationship Work? Reading, Mass., Addison-Wesley, 1979.

Attempts to assist the two-career couple identify, assess, and cope with some of the stressful realities inherent in this lifestyle: shifts in role identity, promotions involving relocation, commuting, child care. Advice and tips on how to handle time, housework, and family responsibilities. There is also mention of actions taken by corporations to accommodate the needs of the two-career couple. (A.S. Kowler, Library Journal)

F-3. "The New Job Values," (A Special Report on Work), Psychology Today, May 1978. (See A-5.)

F-4. Pepitone-Rockwell, Frances, ed. Dual-Career Couples. Beverly Hills, CA, Sage Publications, Inc., 1980 (in press). (See B-4.)

F-5. Rosen, Benson, Thomas H. Jerdee and Thomas L. Prestwich, "Dual-Career Marital Adjustment: Potential Effects of Discriminatory Managerial Attitudes," Journal of Marriage and the Family, 37(3):565-572, August 1975.

A survey-experiment was conducted with a national sample of managers and executives. Results reflected a pattern of discrimination based on 1) less managerial confidence in the ability of women to balance home and career responsibilities; and 2) less expectation that career women's husbands should sacrifice for the sake of their wives' careers. (Author abstract)

F-6. Weathers, Diane, "Working Woman and the Man in Her Life," Black Enterprise, 8:14-17 ff. August 1977.

Discusses the obstacles of family pressures and sex-role stereotypes on the professional black woman.

G. MONEY MANAGEMENT

G-1. "America's New Elite, Two-Career Couples," Time, 112:56-7, August 21, 1978.

Explains how two-career couples make up a large spending market. Dual-career couples use their spending power to purchase the luxuries for a more comfortable lifestyle. Estimates by the early eighties, two-thirds of this new elite will rise to the top end of the education and income scale.

G-2. Beckett, Joyce D., "Working Wives: A Racial Comparison," Social Work, 21(6):463-470, November 196. (See D-1.)

G-3. "Career Couples, Quick Route to Prosperity," U.S. News and World Report, 84:46 ff, March 27, 1978.

Interviews four affluent professional couples who have combined their salaries to maintain affluent lifestyle and also build a future financial security.

G-4. Franklin, Alice A., "Working Wife: How to Weigh the Financial Pros and Cons of Employment," Parents Magazine, 50:10, January 1975.

Discusses long-term and non-material advantages of the wife working and the drawbacks; how it affects the household and also the extra costs involved.

G-5. Multi-earner Families Increase. 9 pp. 1979. U.S. Department of Labor, Bureau of Labor Statistics. Washington, D.C. 20212. Free.

Findings show the increase in multi-earner families is due to a steep rise in the number of working wives.

G-6. Poznanski, Elva, Annette Maxay and Gerald Marsden, "Parental Adaptions to Maternal Employment," Journal of the American Academy of Child Psychiatry, 13:319-334, Setpember 1974. (See B-6.)

G-7. Shaevitz, Marjorie and Morton H. Shaevitz. Making It Together as a Two-Career Couple. New York, Houghton Mifflin, 1980. (See B-8.)

G-8. Smith, Ralph E., ed. The Subtle Revolution: Women at Work. Washington, D.C., The Urban Institute, 1979. (See B-9.)

G-9. Sobol, Marion G., "A Dynamic Analysis of Labor Force Participation of Married Women of Child-Bearing Age," The Journal of Human Resources, 8:497-505, Fall 1973. (See B-10.)

G-10. "Upward Mobility Two Incomes Can Buy," Business Week, p. 80 ff, February 20, 1978.

Reports the consumption patterns and buying behaviors of dual-career couples. (M.M. Popei, Dual-Career Couples, an annotated bibliography, Association of MBA Executives, Inc., 1978)

G-11. "Women at Work," Wall Street Journal, August 28, September 1, 8, 12, 15, 19, 22, 1978, p. 1 ff. (See D-13.)

H. THE RELATIONSHIP OF EMPLOYMENT TO MARITAL HAPPINESS

H-1. Combs, Linda Gail, "Working Women's Attitudes Toward the Dual Role of Wage Earner and Family Member." (Ph.D. dissertation.) Dissertation Abstracts International, 1977, 150 p. Florida State University.

The impact of working women's perceptions of approval/disapproval of significant others, task overload, role adequacy, work benefits and work preference on the working women's positive attitudes toward the dual role of wage earner and family member was investigated. A total of 105 unmarried working women and 148 married women completed questionnaires which included five Likert scales and one matrix-like checklist. Results indicate five predictor variables to be significantly related statistically to the working women's positive attitudes toward the dual role. (National Institute of Mental Health (NIMH) abstract)

H-2. Hall, Francine S. and Douglas T. The Two-Career Couple: He Works, She Works, But How Does the Relationship Work? Reading, Mass., Addison-Wesley, 1979. (See F-2.)

H-3. Johnson, Frank A. and Colleen L., "Role Strain in High-Commitment Career Women," Journal of the American Academy of Psychoanalysis, 4(1):13-36, January 1976. (See C-4.)

I. ROLE STRAIN/CONFLICT

I-1. Bralove, Mary, "Working Partners: For Married Couples, Two Careers Can Be Exercise in Frustration; Many Find Tight Schedules, Fatigue, Care of Children Bring Unexpected Strains," Wall Street Journal, 185:1 ff, May 13, 1975.

I-2. Bryson, Rebecca, Jeff B. Bryson and Marilyn F. Johnson, "Family Size, Satisfaction, and Productivity in Dual-Career Couples," Psychology of Women Quarterly, 3(1):67-77, 1978. (See E-3.)

I-3. Harrison, A.O. and J.H. Minor, "Interrole Conflict, Coping Strategies and Satisfaction Among Black Working Wives," Journal of Marriage and the Family, 40:799-805, November 1978.

This study examines the relationships between type of interrole conflict, choice of coping strategy, and overall satisfaction with role performance of employed black wives with children.

I-4. Holahan, Carole and Lucia A. Gilbert, "Interrole Conflict for Working Women: Careers versus Jobs," Journal of Applied Psychology, 64(1):86-90, 1979.

The role conflicts experienced by career women and non-career women, all of whom had bachelor's degrees, and are married and have children. The women responded anonymously to a questionnaire that measured the potential conflict between pairs of major life roles. The roles were worker, spouse, parent, and self as a self-actualizing person. Contrary to prediction, greater role conflict was reported by the non-career group than by the career group in the areas of self- and family-roles. (Author abstract modified)

I-5. Johnson, Colleen Leahy and Frank Arvid Johnson, "Attitudes toward Parenting in Dual-Career Families," American Journal of Psychiatry, 134(4):391-395, 1977.

Twenty-eight dual career families with young children were interviewed to establish attitudes toward parenting. It was found that wives and mothers in particular experience difficulties in respect to the proliferation of role demands in both home and job situations. The greatest strain was in the maternal role; guilt and anxiety were prominent. Techniques used by dual-career families to resolve strain are discussed. (Author abstract modified)

I-6. Johnson, Frank A. and Colleen L., "Role Strain in High-Commitment Career Women," Journal of the American Academy of Psychoanalysis, 4(1):13-36, January 1976. (See C-4.)

I-7. Holahan, Carole K. and Lucia A. Gilbert, "Conflict between Major Life Roles: Women and Men in Dual-Career Couples," Human Relations, 32(6):451-467, 1979.

The emerging pattern of career aspirations in women in which both a demanding profession and a family life are assumed, was studied within a framework of interrole conflict among major life roles and its correlates. Subjects were 28 dual-career couples who responded to

an anonymous questionnaire. Of specific interest were the areas and degree of interrole conflict, in addition to their relationship to gender, parenthood, level of career aspirations, spouse's emotional support of career pursuit, and attitudes towards women's roles. (Author abstract modified)

I-8. Rapoport, Rhona, Robert N. Rapoport with Janice H. Bumstead. Working Couples. New York, Harper and Row, 1978. (See B-7.)

I-9. Rice, David G. Dual-Career Marriage: Conflict and Treatment. New York, Free Press, 1979. (See C-9.)

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